

Brainwave Analysis Report

CLIENT NAME

UNKNOWN

GENDER

Male

AGE

19

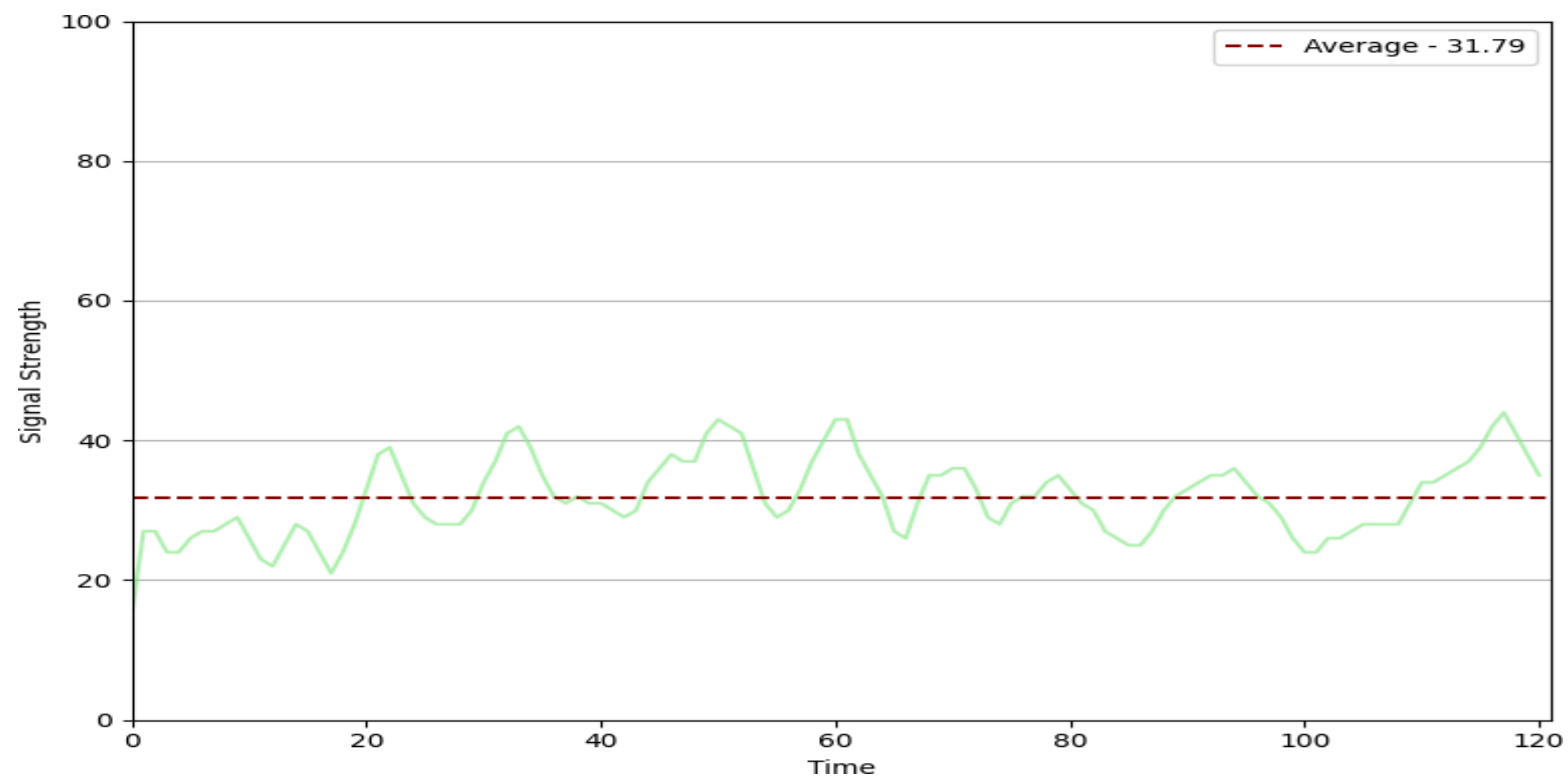
Alpha

Characteristics

Control Over Mind , Thought Balancing, Positivity, Visionary

Standard range

50% and above



Analysis

The participant's signal average is below the standard range, indicating low control over mind, thought balancing, positivity, and visionary qualities. This suggests the participant may be experiencing confusion and difficulty prioritizing tasks. It's important to address these challenges and seek support if needed.

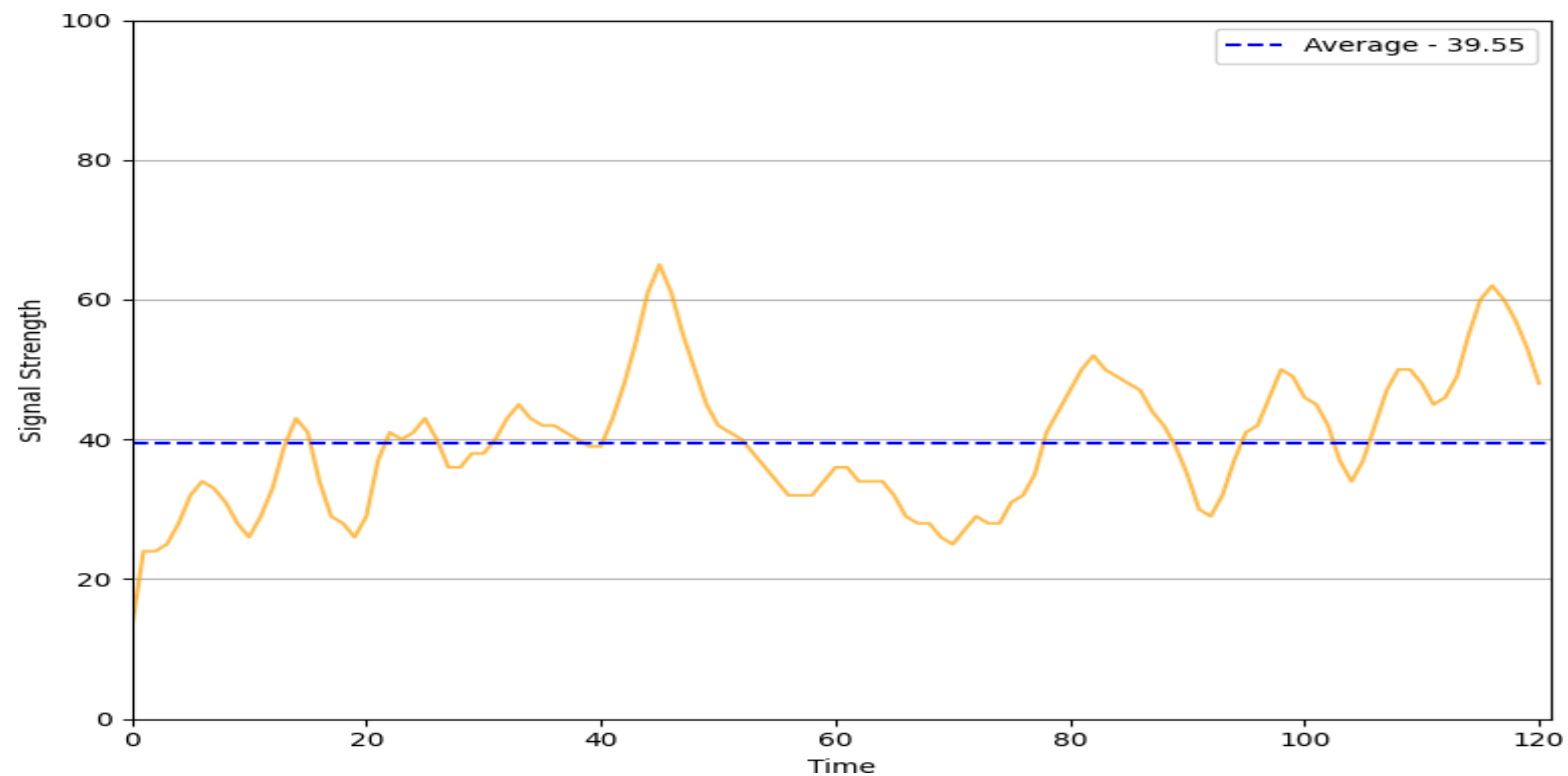
Beta

Characteristics

Intellectual, interpretation, learning and grasping level, memory retention

Standard range

40%-60%



Analysis

The participant's average signal falls below the standard range of 40%-60%, indicating lower intellectual, interpretation, learning, grasping, and memory retention.

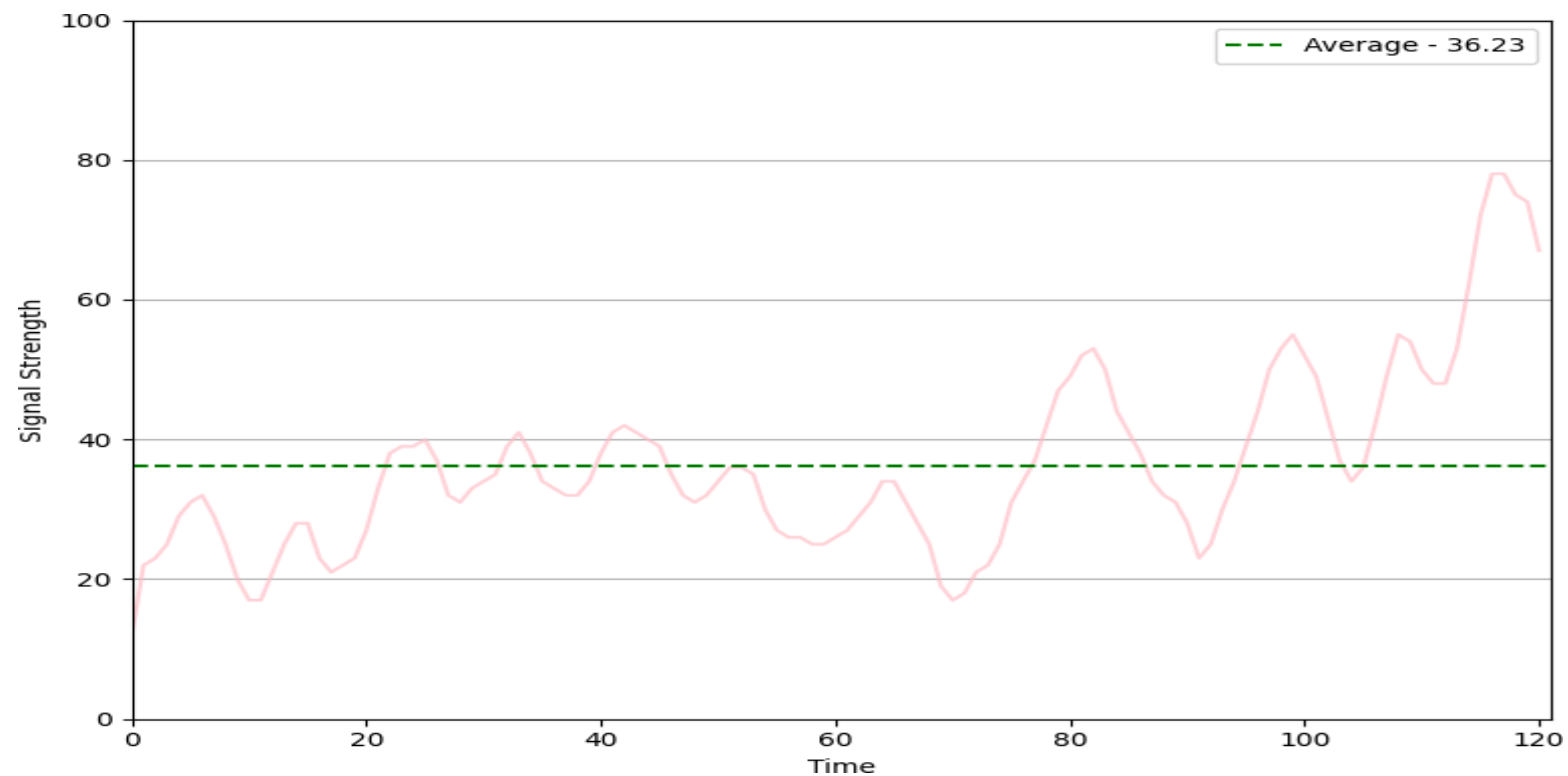
Gamma

Characteristics

Action, Reaction, Implementation, Aggression, Irritation, Anxiety, Mood Swings

Standard range

40%-60%



Analysis

The participant's average gamma is below the standard range , indicating low action, reaction, and implementation ability.

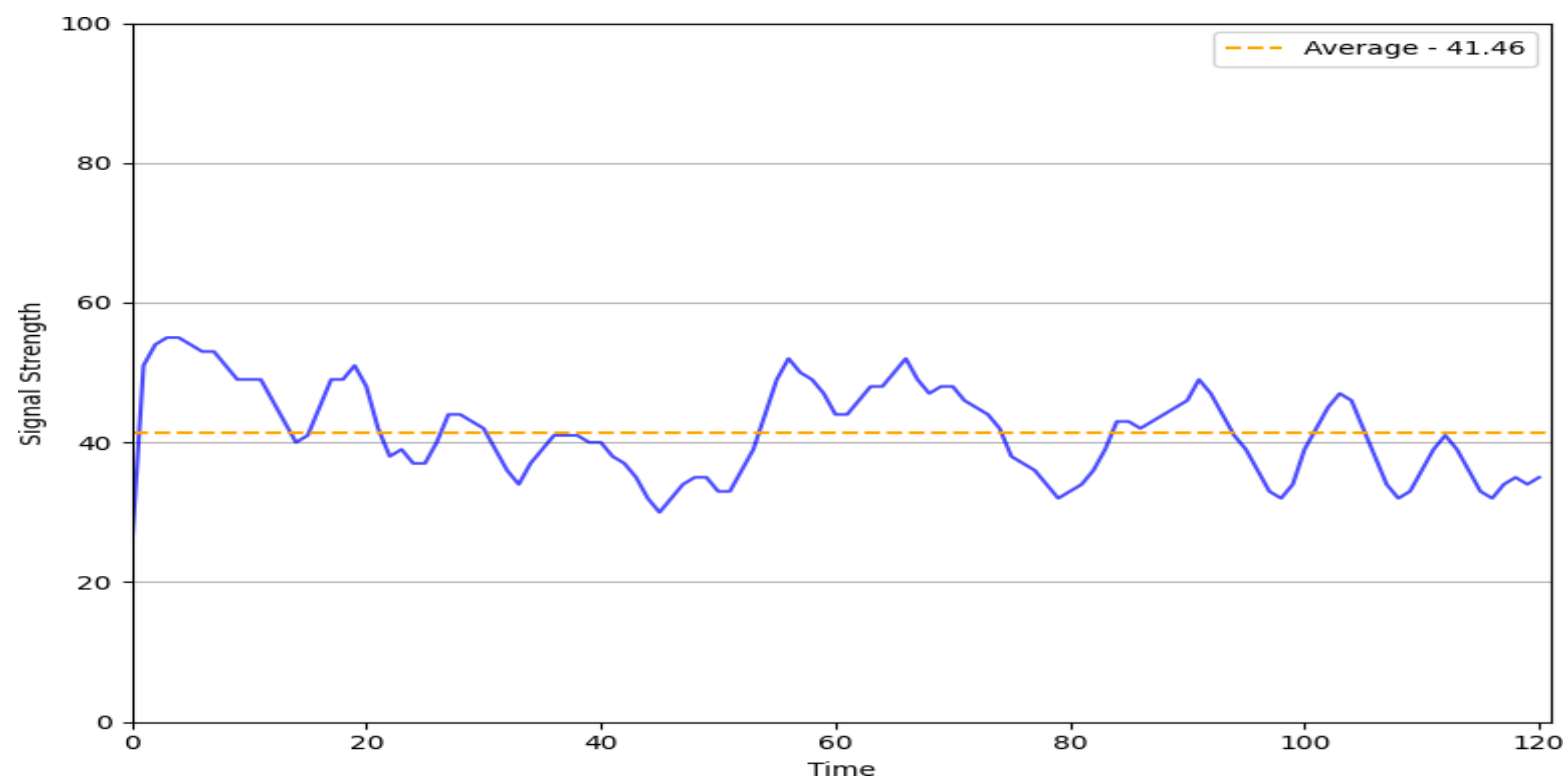
Delta

Characteristics

Quality of sleep , satisfaction , self-esteem. (It works reversely, lower the value is always good)

Standard range

12%



Analysis

It indicates low quality of sleep, low satisfaction, and possibly low self-esteem.

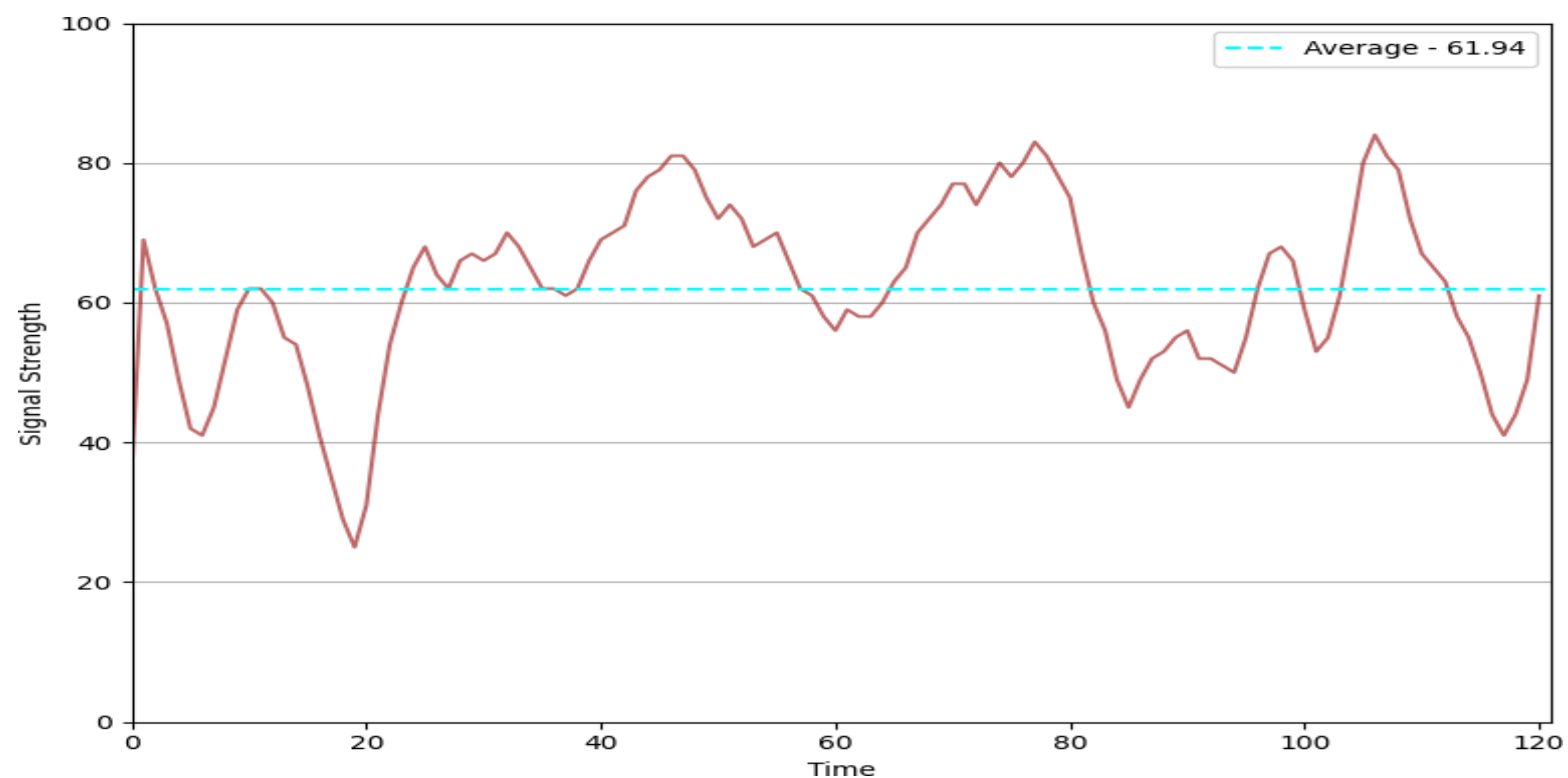
Theta

Characteristics

Thought process, feelings , emotions, rigidness, bluntness, negative thinking , complex thinking , emotional thinking , negative thinking

Standard range

85%

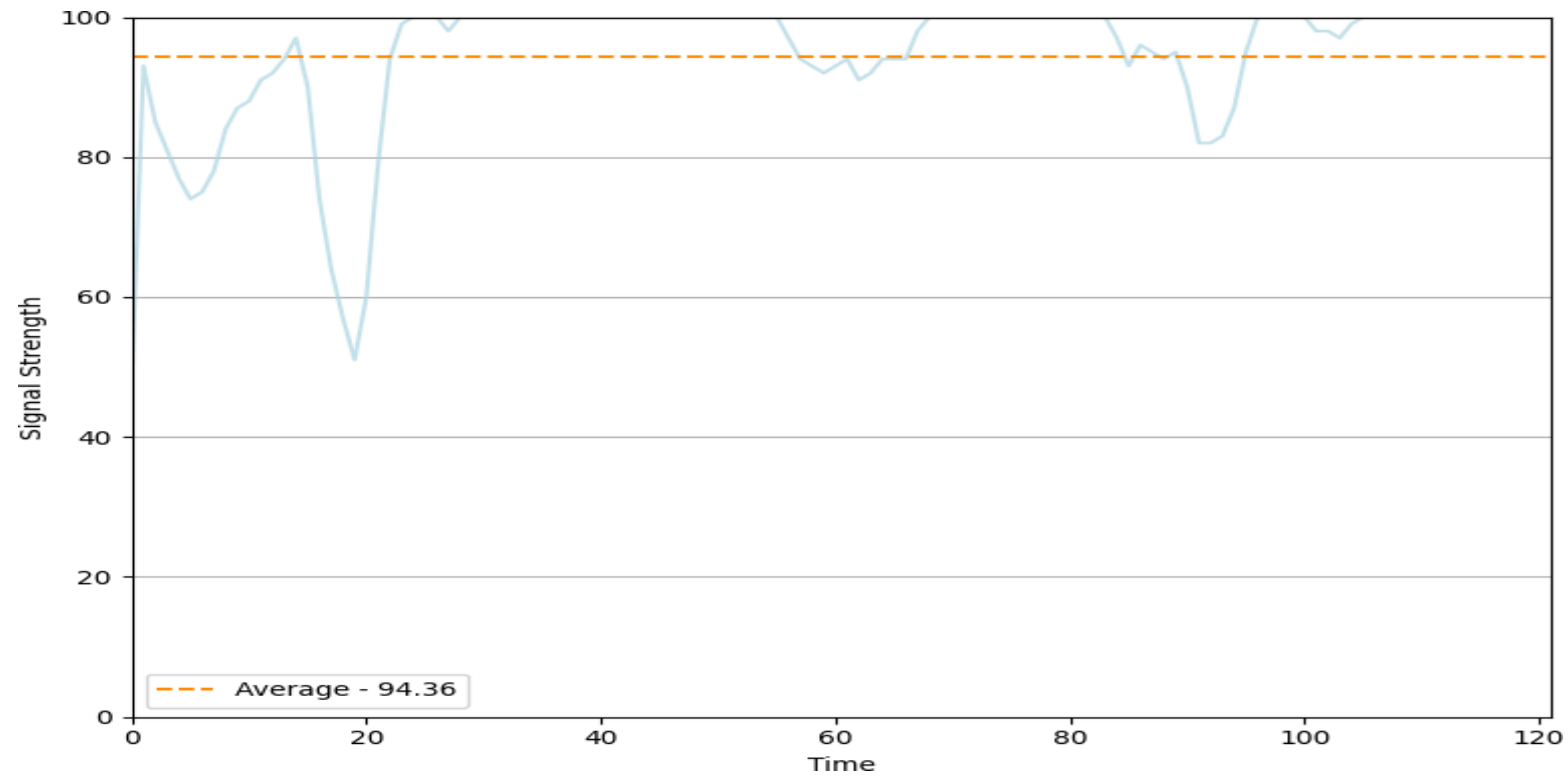


Analysis The participant's average Theta signal is below the standard range . This suggests a tendency towards low feelings and emotions, detachment from things, and a rigidness & straight forwardness in the nature characteristics might be reflected. Sign of complex and negative thinking is also noted.

Attention

Standard range

100%



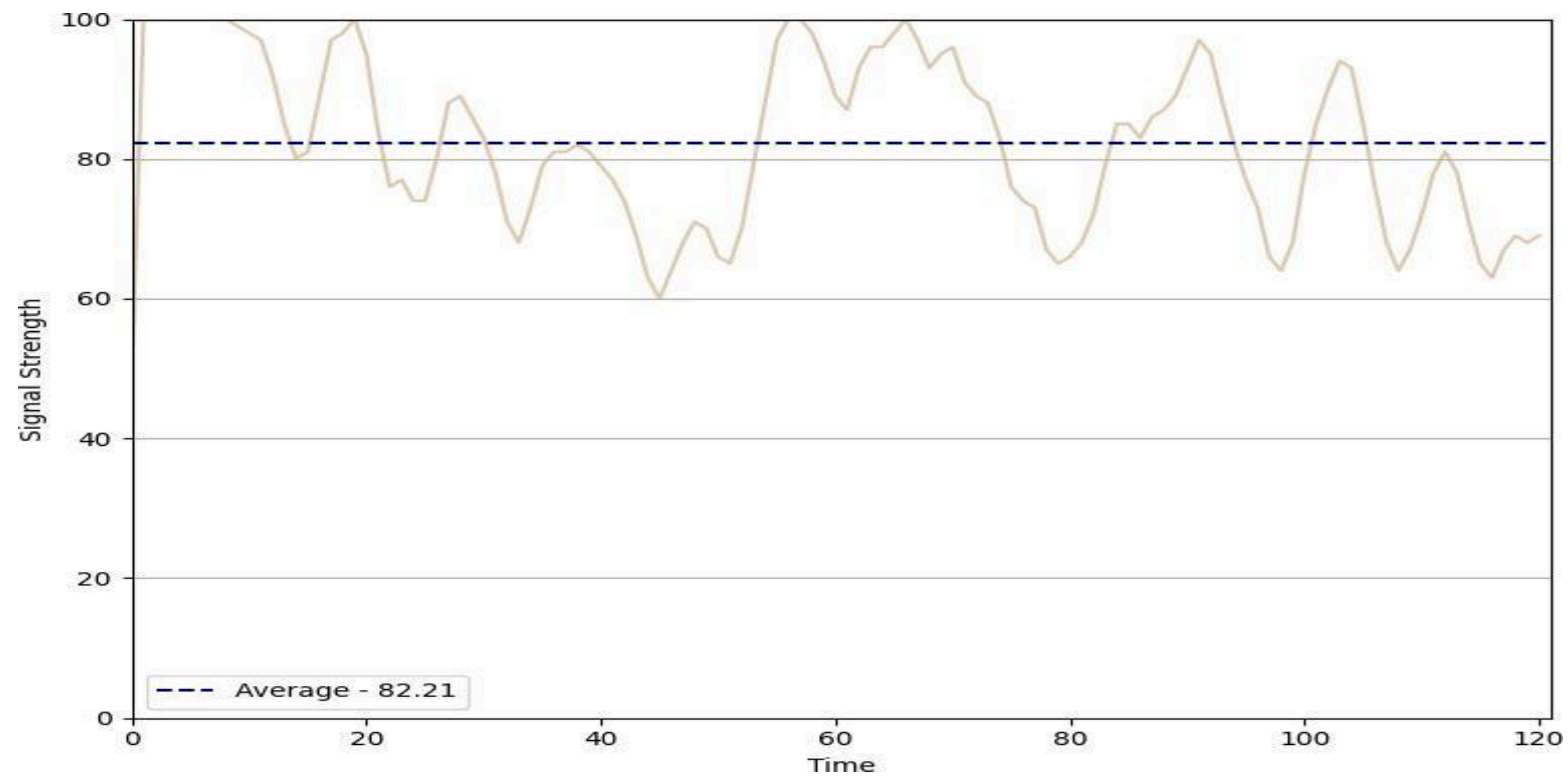
Analysis

The participant's attention level is above the standard range, indicating good focus. Sign of distraction is noted.

Inner Calm

Standard range

80%-100%

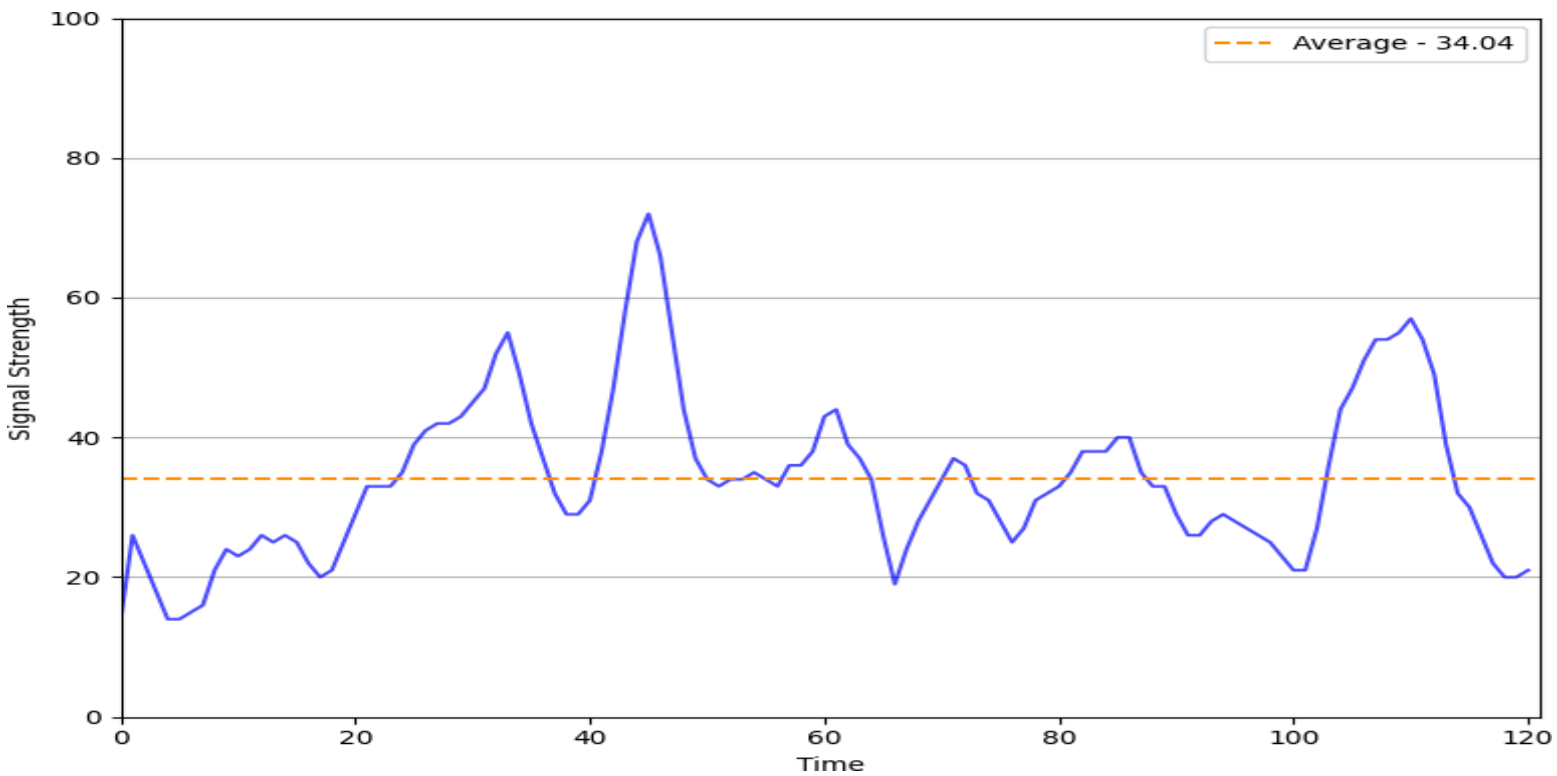


Analysis The participant's inner calm level is below the standard range at 82.21%. This indicates that they may be easily influenced by the people and things around them, and feel less in control of their emotions.

Study Focus

Standard range

40%



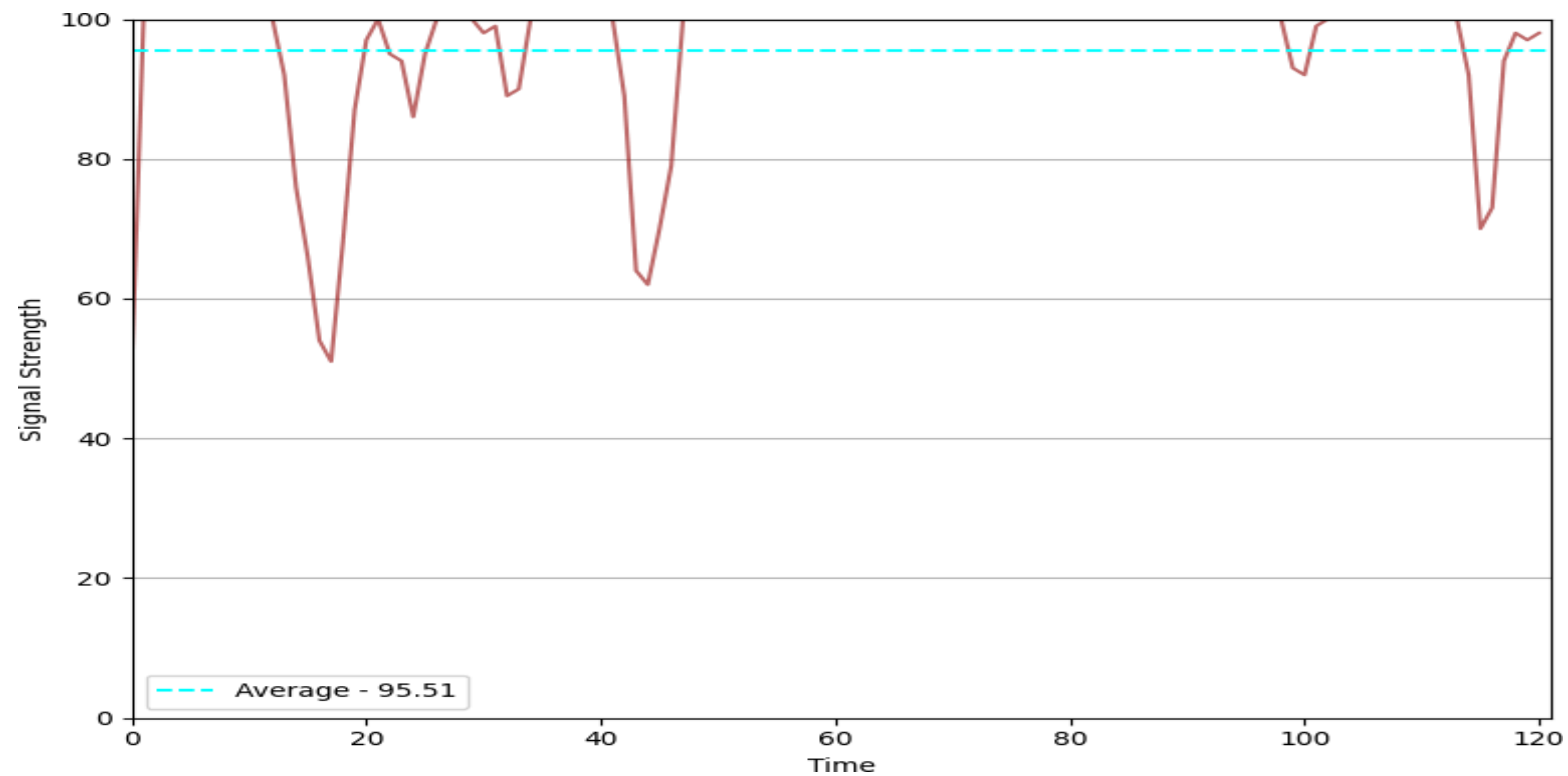
Analysis

The participant's Study Focus average is 34.04%, indicating a low focus level. This falls below the standard range .

Stress Reduction

Characteristics

Lower the value Higher the Stress, Higher the value lower the stress



Analysis

The average of 95.51% suggests a good state of relaxation but there is small signs of negative stress is noted.

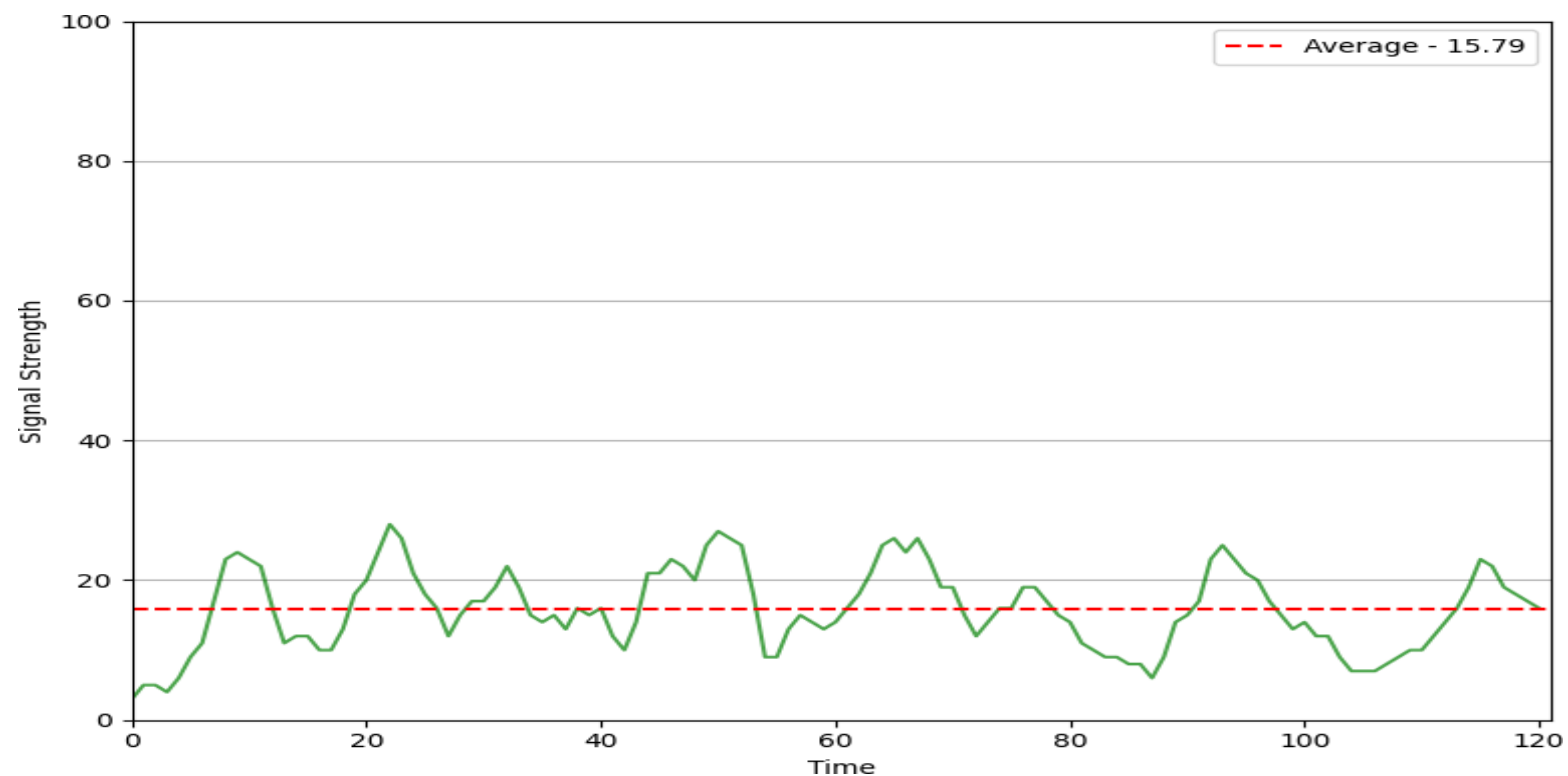
Schumann Resonance

Characteristics

Mind Healing

Standard range

20%

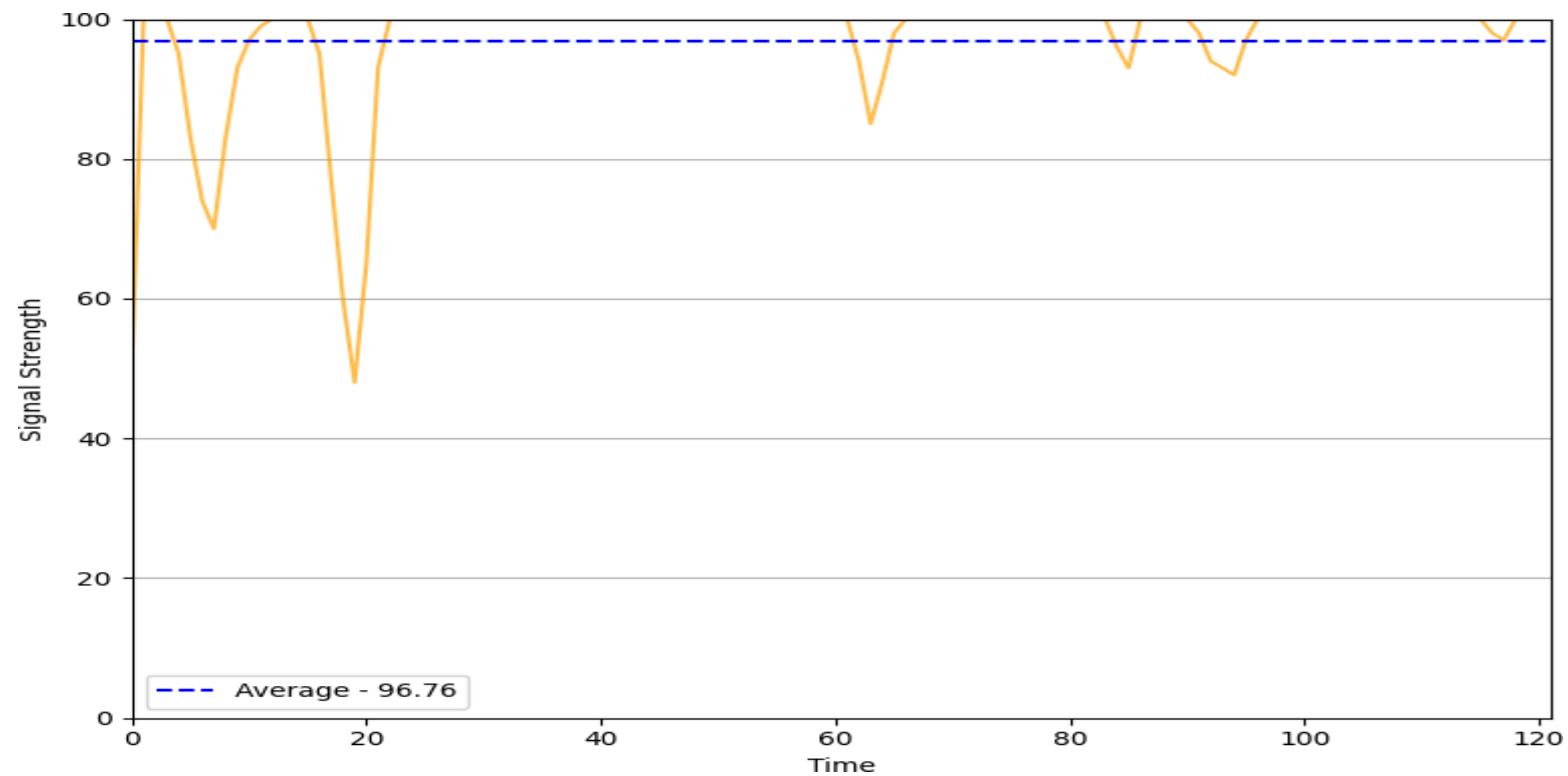


Analysis The participant's Schumann Resonance signal average is below the standard range, indicating that they may be facing challenges and trauma. Seeking support from an expert or engaging in hobbies can help them overcome these issues.

Creative Relaxation

Standard range

80%-100%

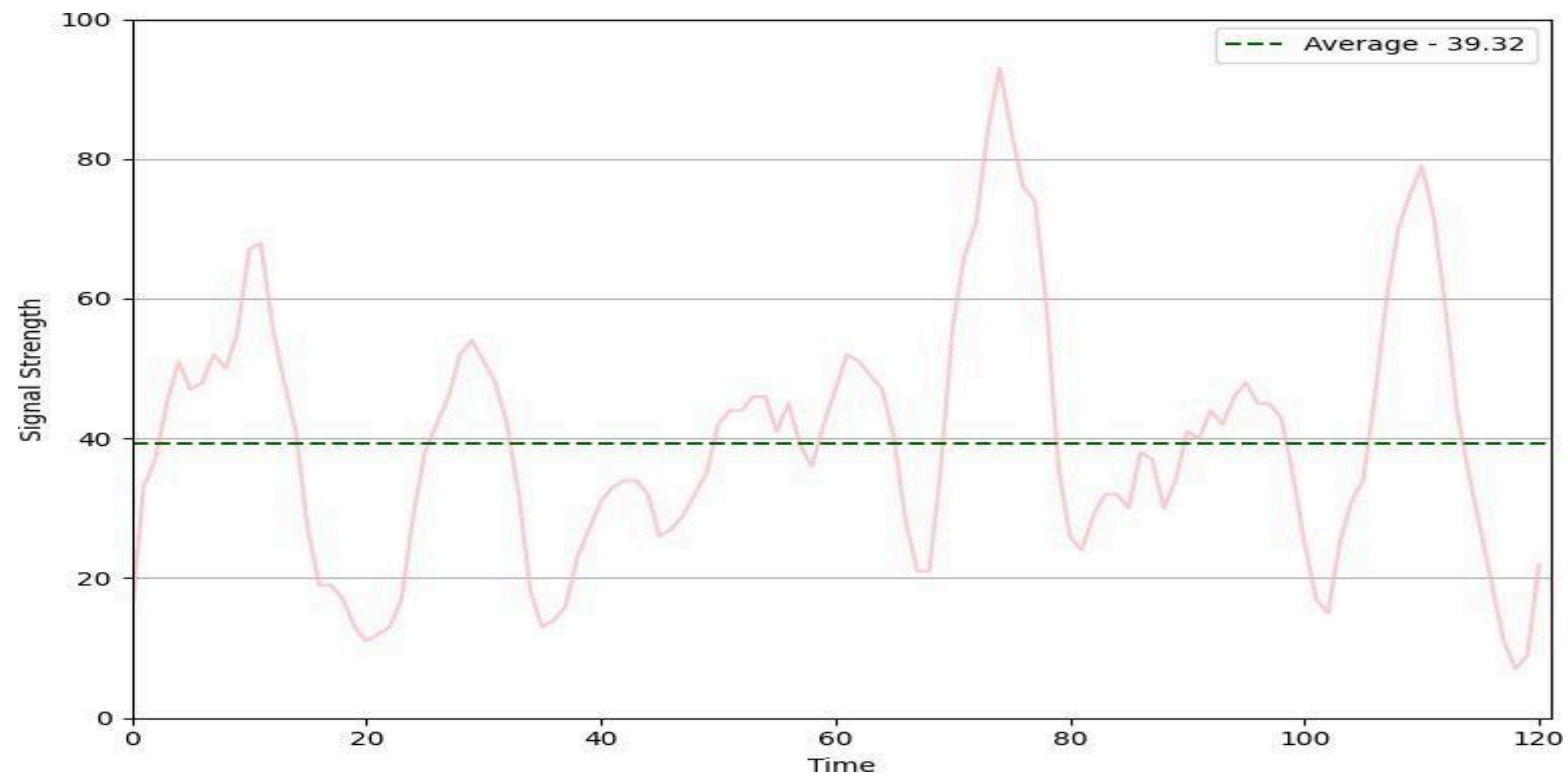


Analysis The participant's average for the Creative Relaxation signal is above the standard range, indicating a high level of creativity and out-of-the-box thinking. This suggests that the participant is highly interested in generating creative ideas and strategies.

Deep Meditation

Standard range

40%



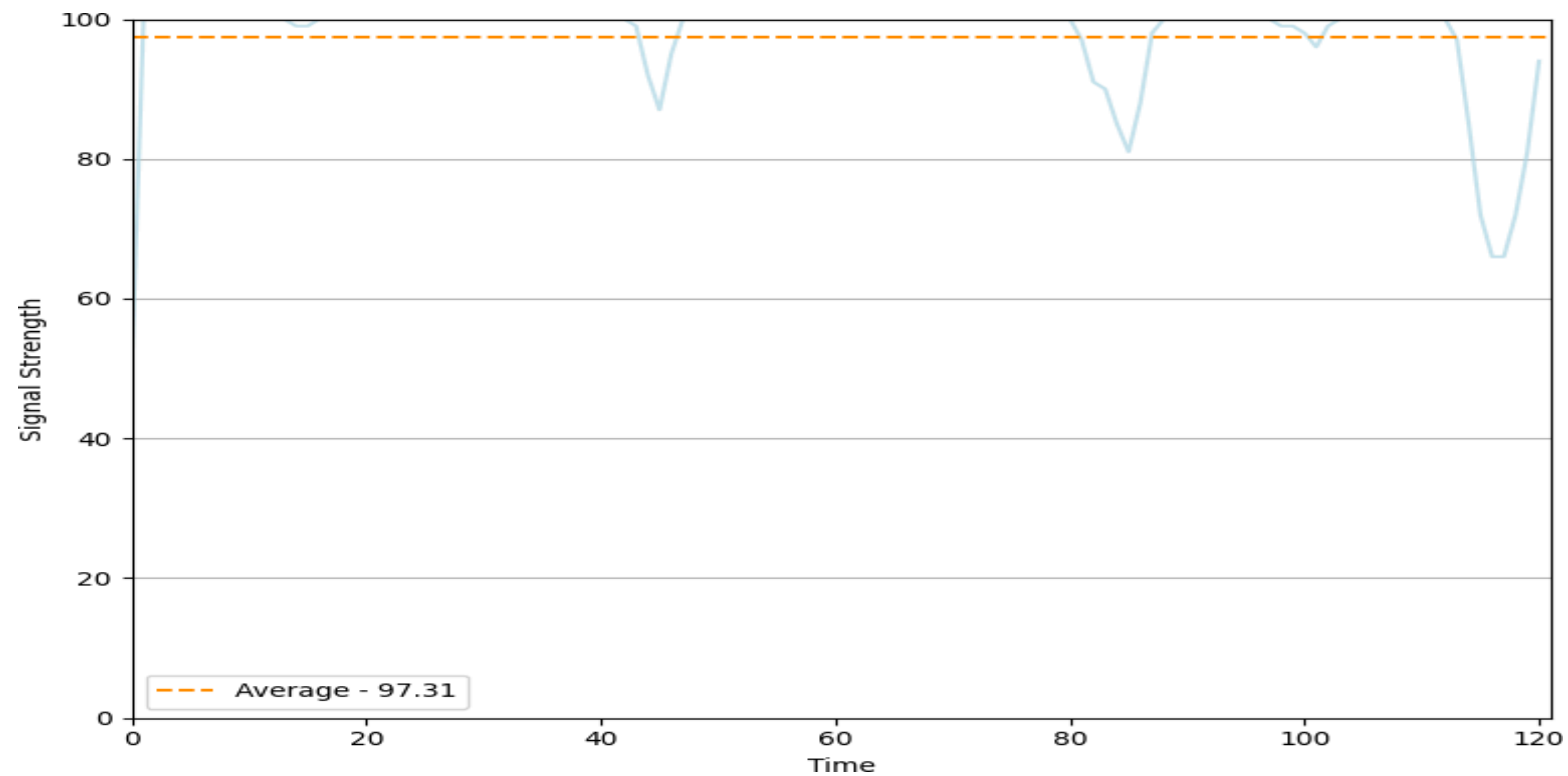
Analysis

The participant's DeepMeditation signal average is below the standard range of 40% and above. This indicates a practical nature, belief in science, facts, and figures. It's important to continue practicing meditation to improve the ability to reach deeper states of relaxation and mindfulness.

Inner Peace

Standard range

80%-100%



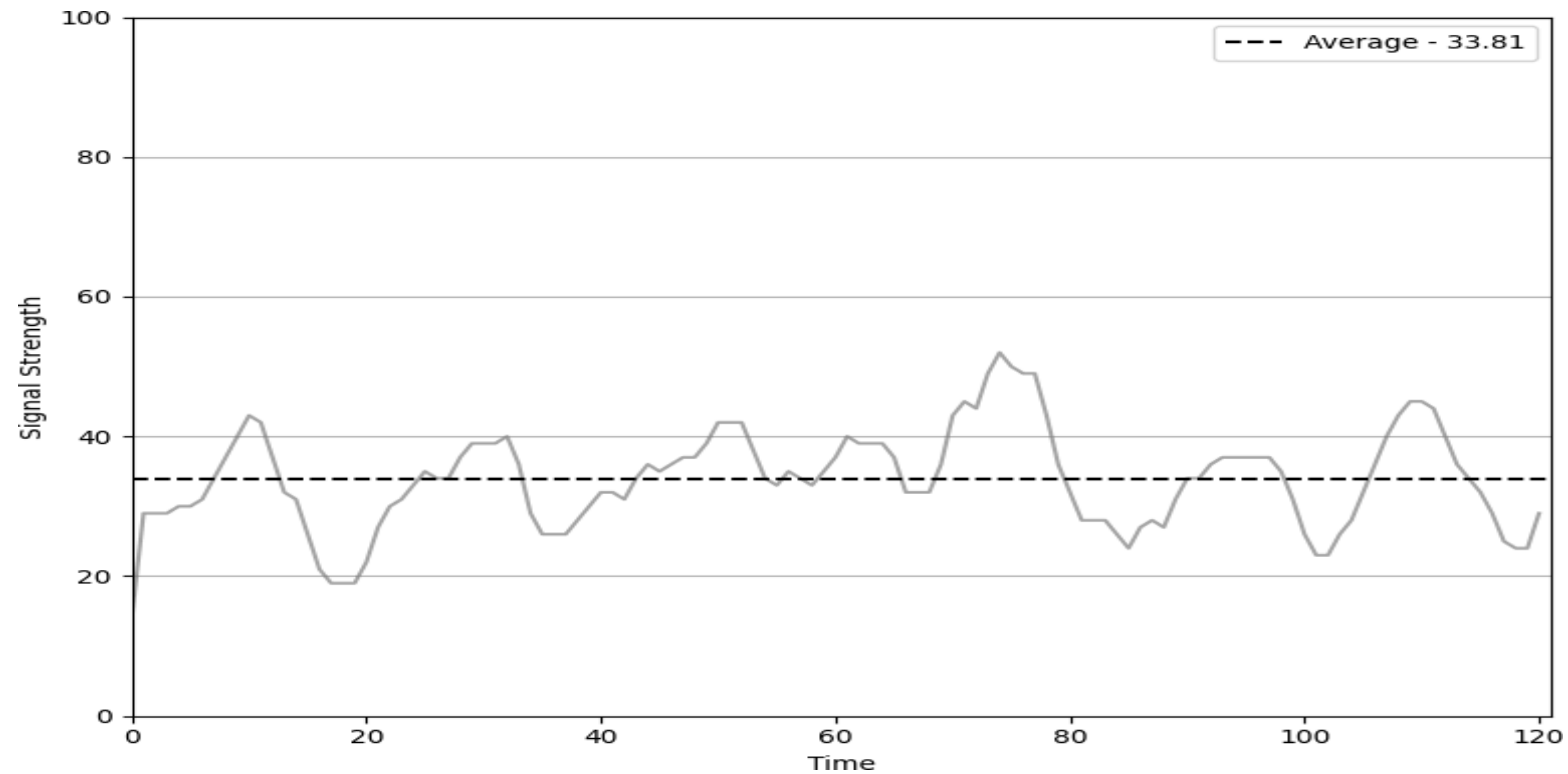
Analysis

The participant's inner peace level is above the standard range, indicating a good level of calm and tranquility. This suggests that the participant enjoys spending time in peaceful and relaxing activities. Participant like to spent ME time.

Empathy

Standard range

35%



Analysis

The participant's empathy levels towards humanity are within the standard range. This means they may have a more practical approach to helping others .

Remedies

- Walk barefoot on grass in the morning for 10 minutes. Help you in enhancing alpha brain waves
- Sit on your bed with a bowl of water, close your eyes, set an alarm for 5 minutes, and practice washing your hands with your eyes closed. Help you in balancing gamma and theta brain waves
- Feed grains to birds. Help you in theta brain waves
- Take a bowl of mixed pulses and separate each type into different bowls. Help you in balancing gamma brain waves
- Before going to sleep, wash your hands and feet halfway. Help you in balancing delta brain waves
- Before going to sleep, mix water and milk, dip cotton balls into the mixture, and place them over your eyes for 5 minutes. Help you in balancing delta brain waves

Practice these remedies every day, and come for a follow-up in 30 days

Thank you

Brain waves analysis test help us to understand the state of mind of ours in a tangible & quantified way, which helps to live our life in a healthier, happier and productive way.

With the help of Customized sound therapy, you can balance your brain waves and its characteristics leading to a life which you wanted to live always.

Customized sound therapy is a personalized solution for the individual, which they can access the solution by themselves for lifetime without any consultant's help and can take the therapy by own. It works as an auto-neurostimulation & directly works on the subconscious mind and provide a faster result than any other therapy.

You can start feeling the changes within 10 days all by yourself and After 30 days by doing the post brain waves analysis you will get to see the changes in report as well.

Our Mission is to make people life Physically and Mentally Healthy, Because your mind, body & soul deserves the BEST .

We show gratitude to participate in this journey with us & congratulate you for taking a step further in overall development of yourself.

Note: This is an expert generated report

For any query feel free to connect us

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